



IN STATE POLICY IN THE DEVELOPMENT OF SPORTS POSITIVE ACTIVITY

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Annotation: This article describes the policy of supporting young people in the Republic of Uzbekistan during the years of independence and the positive features of their involvement in sports.

Keywords: youth, athletes, sport, boxing, championship, support

Sport has a great role in making the young generation mentally mature and physically healthy. As a result of the innovative policy of the state, the ground has been created for young people to develop their talents and positive abilities in the field of sports, to educate them in the national spirit, and to mature mentally and physically.

As stated in the Constitution of Uzbekistan, "The state creates conditions for the development of physical education and sports, the formation of a healthy lifestyle among the population" [1].

In the years of independence, a continuous system was created in the field of sports. Sports competitions were organized. The creation of a 3-stage competition system, which especially attracts the students of educational institutions, allows the young generation to use their strength, will and capabilities, to achieve certain achievements, to raise the flag of the Motherland in the international arena. allowed to pull.

On January 14, 1992, the Law of the Republic of Uzbekistan "On Physical Education and Sports" was adopted. "Physical education is an integral part of the national culture of the peoples of the Republic of Uzbekistan, an important means of physical and spiritual development, and serves to strengthen friendship between the peoples of the Republic of Uzbekistan, social and economic development. This Law determined the legal, economic and organizational basis of relations in the field of physical education and sports, including technical types of sports"[2].



Sports schools, clubs and other non-school institutions were established in the regions and provided with funds. Sponsorship was also provided for the planning and conducting of additional sports activities in secondary schools. If educational institutions are to be built or repaired, they are not allowed to be used until they are provided with health care and sports facilities depending on the number of employees, educators, and students.

"The establishment of the Uzbekistan Wrestling Federation in 1992 was an important historical event. As a result of the direct support of our state and the work done by the Wrestling Federation of Uzbekistan to popularize wrestling, national wrestling federations were established in foreign countries located in different continents of the world. On September 6, 1998, the International Wrestling Association was founded, uniting 129 national federations on five continents. In 2010, the International Wrestling Association received the recognition of the World Anti-Doping Agency, which is considered an important requirement for ordering inclusion in the program of the Olympic Games. At the 36th General Assembly of the Olympic Council of Asia held on September 20, 2017, for the first time in history, wrestling was included as a separate sport in the program of the XVIII Asian Summer Games held in Indonesia in 2018, and in 2022 - in China, in 2026 - in Japan. was included in the programs of the next summer Asian Games" [3].

Serious attention was paid to the processes of preparing athletes of the Republic of Uzbekistan for the 1992 Olympic Games and other international competitions [4].

The national boxing team of Uzbekistan, as an independent team, first participated in the World Championships in 1993, in the Asian Games in 1994, and in the Olympic Games in 1996.

The Summer Olympic Games held in 1996-2021[5] were organized in boxing, Greco-Roman, freestyle wrestling, judo, gymnastics, trampoline, weightlifting, taekwondo WTF. These competitions were held in Alanta in 1996, Sydney in 2000, Athens in 2004, Beijing in 2008, London in 2012, Rio in 2016, and Tokyo in 2020. So, during the 7 World Summer Olympic Games, Uzbek athletes won 38 (12 gold) medals and managed to raise the flag of Uzbekistan to the heights [5]. Compared to neighboring countries, the Republic of Kazakhstan won 74 medals (18 gold) at this summer's



Olympics. The Kyrgyz Republic won 7 (no gold medals) with a bronze medal in all games except the Tokyo Summer Olympics. 1994-2018 yillarda bo'lib o'tgan yozgi Osiyo o'yinlarida respublika sportchilari muvaffaqiyatli qatnashib, 347 ta medallarni (84 ta oltin, 121 ta kumush, 142 ta bronza) qo'lga kiritdilar.

According to the analysis of the results of the largest sports competitions held in 2017-2021, there were 329 events in the Asian Youth Championship, 384 in the Asian Youth Championship, and 63 in the World Youth Championship. , 78, a total of 854 medals were won by the youth of Uzbekistan at the World Youth Championship. They consisted of 295 gold, 284 silver, and 275 bronze medals.

The above achievements are the result of the state's innovative approach to the development of children, teenagers and youth sports, and the reforms implemented in this field over many years.

For example, sections and departments of 263 sports educational institutions focused on the development of boxing operated [6], of which: 227 are sports schools for children and teenagers; 13 of them are sports schools for children and teenagers specializing in martial arts; 15 are Olympic reserve colleges; 8 of them are sports boarding schools.

Boxing training can be organized in these institutions. There is an opportunity to hold international boxing competitions in 3 sports complexes located in the city of Tashkent [6].

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